



HiPP Organic Combiotik Growing up Milk German Formula – Stage 3 (600g)

12+ Months

PREPERATION INSTRUCTIONS



Preparation for all powdered formulas (also consistent with US FDA guidelines):

1. Boil water freshly for each of baby's meals and allow to cool down to 120 degrees Fahrenheit (50 °C) before mixing with formula powder.
2. Pour in 2/3 of the necessary amount of boiled water into a clean and sterilized bottle.
3. Using the scoop provided with your box of formula (note that spoon sizes vary by brand and even lot), add the correct number of leveled scoops of powder (1 leveled scoop of powder per 1oz / 30ml of water).
4. Close the bottle with the nipple and cap and vigorously shake until all the powder has completely dissolved.
5. Add the remaining water to the bottle and shake again.
6. Cool to drinking temperature (approximately 98 degrees Fahrenheit or 37 °C) and ALWAYS test the temperature of the milk before feeding to avoid scalding or burning your little one.

There are many mothers that regularly use distilled water without boiling it, apparently with no negative consequences. We cannot recommend this approach and there are actual reasons even the US FDA recommends pre-boiling tap or use distilled water instead.

TIPS:

- ✓ Once you have opened the inner foil bag containing your formula, you should use within 2 or 3 weeks.
- ✓ Avoid storing in area of high heat or humidity
- ✓ If mixed formula is not consumed within an hour, you should discard it.
- ✓ Do not microwave bottles or formula

FEEDING CHART

Water in ml	WATER fl oz	# OF SCOOPS
150	5	5
180	6	6

Toddlers from the age of 1 year need about 10oz to 12oz (300-360ml) of HiPP growing up milk per day, either as a drink, on cereals or added to their foods. This is only a guide and your toddler may need more or less than this. If you require more advice, please consult your health professional.

INGREDIENTS

Skimmed milk *, vegetable oils * (palm oil², rapeseed oil *, sunflower oil *), Lactose *, whey product *, starch *, galacto-oligosaccharides from lactose, Emulsifiers (soya lecithin, lecithin), calcium carbonate, vitamin C, potassium citrate, Potassium chloride, L-tryptophan, iron lactate, vitamin E, natural lactic acid culture (Lactobacillus fermentum hereditum®)¹, magnesium carbonate, niacin, vitamin A, Zinc oxide, pantothenic acid, vitamin D, copper sulfate, vitamin B1, vitamin K, vitamin B6, manganese sulfate, potassium iodate, vitamin B2, vitamin B12, folic acid, sodium selenate, Biotin. Certified organic by EU standards.

¹ Lactobacillus fermentum CECT5716

² Organic palm oil from sustainable cultivation, certified by independent inspection bodies

* from organic production

NUTRITION FACTS (per 100ml ~ 3.38 OZ / 3 OZ prepared)

Energy	66 kcal	Sodium	0,03 g	Vitamin A	53 µg
Total Fat	3.1 g	Potassium	79 mg	Vitamin D	1.0 µg
Of which:		Chloride	46 mg	Vitamin E	2,0 mg
Saturates	1.1 g	Calcium	69 mg	Vitamin K	8,2 µg
Monounsaturates	1.4 g	Phosphorus	44 mg	Vitamin C	15 mg
Polyunsaturates	0.6 g	Magnesium	7,3 mg	Niacin	0.66 mg
Total Carbohydrate	7,9 g	Iron	0,7 mg	Vitamin B6	0.08 mg
of which:		Zinc	0.41 mg	Folic Acid	20 µg
Sugars*	7,9 g	Copper	0,041 mg	Vitamin B12	0.21 µg
Starch	0 g	Iodine	16 µg	Pantothenic Acid	0.53 mg
Dietary Fiber	0.0 g	Selenium	2,0 µg	Biotin	1.8 µg
Protein	1.5 g	Manganese	0,008 mg	Inositol	5,3 mg
Salt	0.07 g	Fluoride	0,008 mg	Choline	12 mg

* Natural sugar content of the lactose / other ingredients